



Abbeyfield

The Dales  
Making time for older people

# Woodlands

## Independent Living with Extra Care



### Life at the house

Woodlands is a converted manor house with modern extension combining traditional with contemporary. Surrounded by picturesque woodland areas and only a short drive from the town centre.

Our 31 peaceful and homely one and two bed apartments provide residents the privacy of their own affordable, high quality accommodation combined with the companionship of others. Each apartment is fully carpeted with en-suite facilities and charges cover 1 delicious meal per day, heating and lighting.

Our highly skilled, professional and caring on site staff provide 24-hour care and support when you need it, in our person-centred approach to your well-being.

Making time for older people underpins everything we do at Abbeyfield The Dales Ltd.

### Key Features

- Alarm system
- Personal pendant alarm
- Communal dining room
- Coffee bar and lounge
- Outside seating areas
- Lifts
- Health and wellbeing facilities
- Laundry facilities
- On-site parking
- Wifi

*"I could not possibly live anywhere else and be taken care of any better. I have lived here nearly five years now and my health and well-being have increased year on year. I could not be happier."*



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# Time to enjoy older age

We have many communal areas giving our residents the opportunity to socialise with each other. Our Activities Co-ordinator, in conjunction with our volunteers, organises a large range of activities on a regular basis including coffee mornings, quizzes, social evenings, exercise classes and seasonal events throughout the year. We also have a Spa facility and hairdressers if you feel like pampering yourself. Whether you're a social butterfly or more reserved, you'll never be short of ways to pass the time.

Our carers provide companionship within the community and can also accompany you shopping or helping with your daily errands, or just enjoying a cup of tea and a chat.

Meal times at Abbeyfield are also important as it's when the whole house gets together - a time to have a chat enjoying great food and great company. Our qualified chefs pride themselves on providing a healthy and delicious meal each day cooked and prepared at the house with plenty of choice, vegetarian options, and great portion sizes! Meals can be tailored to dietary needs, and where possible, use locally sourced produce.

Once you see for yourself what living with Abbeyfield can bring to your life, you may well wish you had made the move years ago.



## Woodlands

Woodlands Drive, Skipton, BD23 1QU

Call us on **01759 791860** for more information or email [info@abbeyfieldthedales.co.uk](mailto:info@abbeyfieldthedales.co.uk) to arrange a visit.

[www.abbeyfieldthedales.co.uk](http://www.abbeyfieldthedales.co.uk)

