

September 2015

Newsletter

Abbeyfield
Making time for older people

'KEEPING YOU CONNECTED'

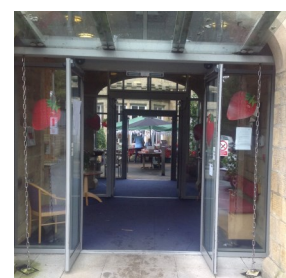
Message from Jackie

First of all I would like to thank all of the volunteers and staff for giving up their time and helping at our Annual Strawberry Fair. Special thanks to Zoe McKenzie for organising it and ensuring it was successful, even when the heavens opened! We managed to raise a grand total of £486 that will go towards the Resident Amenities Fund. I hope everyone that attended had a brilliant time...scarily enough, our next fair will now be the Christmas one!

We also received feedback from our Residential Units CQC Inspection and again, while we

were disappointed with some of the comments made, it is important to note that we are already working on issues raised. In relation to the effectiveness, care and responsiveness of the service we attracted a 'good' rating, which is due to the outstanding work of our carers and all the Residential Staff Team.

We have plenty of entertainment and activities happening throughout this month, please see the back page and our notice board, in the Coffee Bar, for further details.



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New Starters

Fabien Angeli- Chef

Dawn Midgley- Care Assistant

Mel Owen- Care Assistant

Sharon Clayton- Kitchen Assistant

Allison Woodward- Activities Coordinator

Abbeyfield Volunteers

As many of you know, here at Abbeyfield we have a very strong ethos of providing support services as well as multiple activities and groups. None of these could be run without the goodwill and hard work of our volunteers.

Our volunteers cover tasks such as: running the coffee bar, reception duties, assisting with residents shopping, running the library service and craft group as well as much, much more.

John Durkin, who is currently

volunteering as volunteer co-ordinator, has been doing a fantastic job, rapidly expanding our team of volunteers at The Beeches and at Grove House. John is particularly focused on trying to boost our befriending service for residents in order to provide some 1-1 time for those who would like it for things such as help with shopping or simply just having a cup of tea and chat. If you have any suggestions or know anyone who would thrive as a volunteer please let us know.

Many Happy Returns!

Mrs Mabel Dulcie Wells, a Wells House resident turned 100 on Friday 14th August. Mrs Wells had a birthday party

and was joined by family, friends and staff to celebrate her special day. Mrs Wells also received a letter from the Queen. Happy Birthday from everyone at Abbeyfield!

Fabulous Fran!

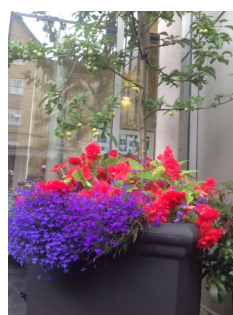
Fran Davies was asked to be an Abbeyfield volunteer, by her friend and chairman Barbara Irwin, in 1982. Fran recalls attending a meeting, by the end of which she was the treasurer of Ivy Lea Sheltered Scheme! Not one to do things by halves, Fran was then invited to join the Executive Committee in the early 90's.

It wasn't until 2009 that Fran started gardening at Abbeyfield, after her mother, who was also a keen gardener and an Abbeyfield resident sadly passed away.

Fran, along with her friend Sue started 'Guerrilla Gardening' which is where you start sorting

out neglected urban areas without permission! They chose to tidy up the land next to Abbeyfield Court which not only caught the attention of residents but also Brian Whitaker, the chairman. With Brian's support Fran and Sue started to tackle to tackle areas around Grove House. Adding in raised beds and neatening up the courtyard.

Fran has recently achieved 2nd place from Ilkley in Bloom 2015 as well as the high praise from residents, friends and families alike. The hard work Fran puts in is so greatly appreciated and lifts peoples spirits on a daily basis.



Local Pianist

Olga is a local pianist who first came to play for the residents at Grove House in July. Olga proved so popular that she very kindly volunteered to come and play, in the Conservatory, once a month.

Residents, friends and family alike are more than welcome to come and relax whilst listening to Olga tinkle the ivories.

Olga will be playing again on Wednesday 23rd September at 02.00PM in the Grove House Conservatory, so please come along and enjoy.



iPadengAGE

iPadengAGE is now in full flow in the Grove House Day Centre, with lots of people engaging in different activities. The iPads are now out every day!

Some of the interesting themes on the apps have been art and textile design, tactile and sensory artwork and reminiscence, an old photograph showing the original interior of Grove House has been found! One gentleman has particularly enjoyed being assisted to compile a playlist of his favourite music and being able to listen to it in a morning.

Many thanks to the Day Centre volunteers, Carole Bullock and Sarah Hodgeson who assist with iPadengAGE.

Trip to Bolton Abbey

Earlier this month, the residents at Holme Lea enjoyed a trip to Bolton Abbey.

The sun was shining at the beginning of August when the residents set off in the mini bus. Heading out into the Yorkshire Dales for the day, the residents got to see the stunning views of the seemingly never ending countryside.

Once they had reached their destination the residents were able to have a walk around Bolton Abbey before meeting at the Cavendish Pavilion, which is situated right on the rivers edge, for a drink and some sweet treats.

A fantastic day was had by all, with the weather on our side!

Pets as Therapy

This month we had a lovely, friendly dog named 'Nick' visit Grove House. Nick spent time in the Day Centre, on the Residential Unit and in the Conservatory, not only providing residents with fabulously fluffy hugs but also with a lot of joy. Pets as Therapy proved so popular, that we are hoping they return for another visit soon.

Birthday Celebrations!

Nancy Stead, a Grove House resident, celebrated her 90th birthday on the 19th August. Nancy had a brilliant day surrounded by friends and family. Many Happy Returns from everyone at Abbeyfield!



Dates for your Diary

Grove House

- Monday 7th- 10.30- Communion- Activity Room
- Monday 14th- 10- 12.00- iPad Course- Activity Room
- Wednesday 23rd- 14.00- 15.00- Olga: Pianist- Conservatory



The Beeches

- Every Tuesday- 14.00- Exercise Class
- Every Wednesday- 14.45- Singing Club
- Every Friday- 14.00- Art & Craft Group
- Thursday 24th- 11.00- Derek Stansfield- Professional Watercolour Painter
- Evening Entertainment- 'Ladies Please' performing, friends and family welcome + Raffles, Wine and Nibbles- Please see posters for date & time
- *Keep your eyes peeled or ask for further information on the Bingo Nights held at The Beeches*

Weekly Activities at Grove House

Monday	Art Class 14.00- 16.00 Activity Room		
Tuesday	Singing for Pleasure Choir 11- 12.00 Activity Room	Exercise with Zabine 12- 13.00 Conservatory	Library Group 13.30 Conservatory (1st & 15th & 29th)
Wednesday			
Thursday	Knitting & Craft Group 10.00- 12.00 Conservatory		
Friday			
Saturday			
Sunday	Church Services (6th & 20th) 17.30- Activity Room		