

# October 2015 Newsletter

**Abbeyfield**  
Making time for older people

*'KEEPING YOU CONNECTED'*

## Message from Jackie

Although Summer is now behind us and Autumn has begun, there is still plenty going on here at Abbeyfield to keep you entertained. From pumpkin carving and Christmas fairs, to the rugby world cup and musicals...there is something for everyone. For dates and times of activities please see the back page for your monthly time table.

Zoe McKenzie, our Activity Coordinator, is now hard at work planning our Grove House Christmas Fair which is due to take place on 28th November. We hope to have a great selection of stalls, games, food and entertainment to ensure that everyone has a great afternoon. If you have any ideas or donations for the

Christmas Fair please contact Zoe on ext. 248. All money raised goes towards the Resident Amenities Fund.

I would like to also take this opportunity to warmly welcome all new residents, I hope you are settling in well. If you have any concerns please do not hesitate to contact me or any staff member.

Thank you so much to all staff and residents who were involved in the Abbeyfield Stir Up, where we started to make our Christmas cakes. A fantastic time was had by all and we even made the front page of the Ilkley Gazette!



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## New Starters

Mark Glover- Health & Safety Advisor

Wendy Harding- Grove House Chef

Tracy Brown- Senior Carer- The Beeches

John Durkin- Volunteer Coordinator

## Leavers

Charlotte Allum- Bank Carer

Serena Pickard- Bank Carer

Josh Mattox- Kitchen Assistant

Lindsey Spencer- Volunteer Manager

## Peggy's Story

Peggy Powles is a resident at The Beeches, in Menston, a frequent visitor to the Grove House Day Centre and most importantly a much loved mother of 5 and a grandmother.

Peggy has always been a hard and highly skilled worker. When the war broke out, like the majority of people, Peggy wanted to help and joined the air force starting as a radio operator and being trained up as a radar operator. Peggy was one of the first to be trained as a radar operator and due to it being a new skill, then travelled all over the country to wherever there was a shortage of operators.

When Peggy's career in the army came to an end she became a seamstress, following in the family trade. Peggy's mother and two aunts, who lived with

them, worked in the business. In fact, Peggy's Aunty Cass, worked for Norman Hartnell, the Queens dressmaker. When the Royal Family travelled by boat, Aunty Cass was busy making the dresses and would bring pieces of material home. These are memories that Peggy treasures.

While Peggy's move from London to Yorkshire was a big one, she states that she now feels settled at Abbeyfield in her flat. With her daughter and grandchildren near by, Peggy looks back on her life and feels it has been a good one, with many more memories still to make.



## Sun Flower Competition



The challenge started back in April when Abbeyfield started the competition to see who could grow the tallest sunflower. The competition guidelines stated that residents had from April until mid September to grow as big sunflower as they could!

Marjorie Myers, a Holme Lea resident, started growing her sunflower in mid May, when she first moved in. Despite having a late start Marjorie still managed to grow a beautiful sunflower of over 50inches which now stands proudly by the front door at Holme Lea.



Edward Hagg, a Grove House resident, can be seen standing next to one of his twin sunflowers (one for each of his grandchildren) which grew to a whopping 76inches!

Thank you to everyone for taking part, your sunflowers were beautiful! The over all winners shall be announced in the next newsletter.

## Stir it Up

Christmas came early for the Abbeyfield Ilkley Society this year...as early as 17th September!

We were picked to lead the Abbeyfield Christmas Cake Stir Up to begin the countdown to the Coping at Christmas Campaign, which aims to support and provide a place for those who feel alone at Christmas, to celebrate.

Residents from Grove House, The Beeches and Wells House all took part and made over 10 fabulous Christmas Cakes.

For some, making a Christmas Cake brought back many happy memories of family traditions and secret recipes!

Once the cakes had been made they were sent to be baked. All involved will soon need to re-group to 'feed' their cakes some more sherry in order for them to stay moist and have that distinctive Christmas Cake taste, that goes so well with a drink and maybe some cheese!



## Summer House

Renovations to our summer house are still underway to help restore it to its former glory and turn it into the perfect location for our new gardening club.

The roof is due to be fixed in October with the start up of the garden club commencing in early Spring next year.

Perfect for planting fresh seedlings!



## Christmas Fair

The Christmas Fair is now just around the corner and it is time to start planning it.

It will be held on Saturday 28th November, from 2pm- 4pm and everyone is welcome to attend.

We are always grateful for any donations for stalls to help us raise money for the Resident Amenities Funds.

If you have any ideas for entertainment or stalls for the fair please contact Zoe McKenzie 01943 886005.

## Share your Story

Do you have a story that you would like to share with us?

We love to hear from you and learn more about you. For example: your life and adventures, likes and dislikes, groups/ clubs you would like to see started.

If you have any stories or ideas that you would like to share and publish in the newsletter, please contact Claire Pickersgill 01943 886011.



# Dates for your Diary- October

## Grove House

- **Thursday 1st- 11.00AM-** Derek Stansfield Watercolour and Coffee painter demo- Activity Room
- **Saturday 3rd- 08.00PM-** Rugby World Cup Evening with drinks and nibbles- Conservatory and Coffee Bar
- **Monday 5th- 10.30AM-** Communion- Activity Room
- **Saturday 10th- 08.00PM-** Rugby World Cup Evening with drinks and nibbles- Conservatory and Coffee Bar
- **Tuesday 20th- 06.30PM-** Mamma Mia Music Evening- Conservatory
- **Wednesday 28th- 02.00PM-** Pianist, Olga Sutcliffe- Lee- Conservatory

## The Beeches

- Every Tuesday- 14.00- Exercise Class
- Every Wednesday- 14.45- Singing Club
- Every Friday- 14.00- Art & Craft Group
- Wednesday 28th- All Morning- iPad Celebration Exhibition

## Weekly Activities at Grove House

<b>Monday</b>	Art Class 14.00- 16.00 Activity Room		
<b>Tuesday</b>	Singing for Pleasure Choir 11- 12.00 Activity Room	Exercise with Sabine 12- 13.00 Conservatory	Library Group 13.30 Conservatory (13th & 27th)
<b>Wednesday</b>			
<b>Thursday</b>	Knitting & Craft Group 10.00- 12.00 Conservatory		
<b>Friday</b>			
<b>Saturday</b>			
<b>Sunday</b>	Church Services (4th & 18th) 17.30- Activity Room		